

Healthy Cooking for Healthy Family



HEALSIO



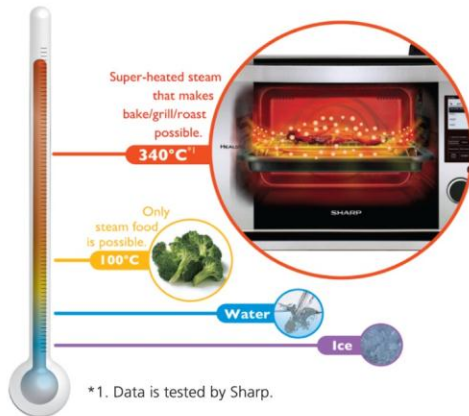
Grilling With Water Super Heated Steam Technology

AX-1500(S/R)

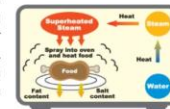
- Inverter Power System
- Power Output: Microwave (1160W), Steam (950W), Convection (1550W)
- Super Steam Convection Balanced Meals, Grill, Roast and Bake
- 8 Auto Steam Function
- Capacity 30L

Healthy Cooking with water?

The secret is 340 degree superheated steam.



Water Heat Technology is Superheated Steam in a clear, colorless gas obtained by heating an ordinary steam at 100°C or even higher temperatures up to 340°C under normal pressure. This superheated steam transfers a tremendous amount of heat to the food which reduces excessive fat and salt.

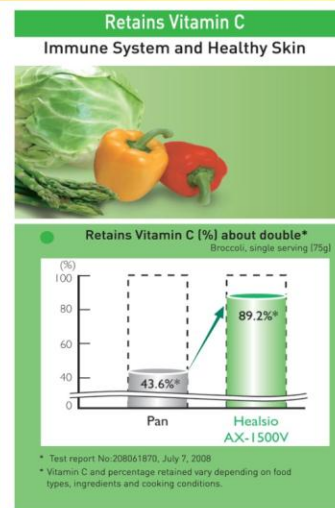
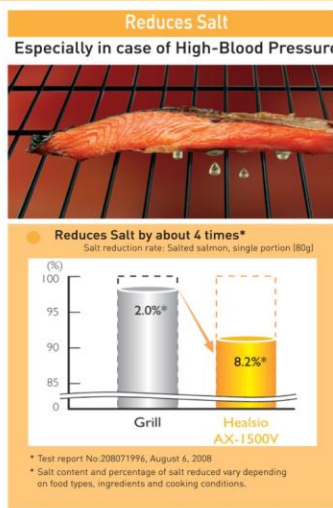
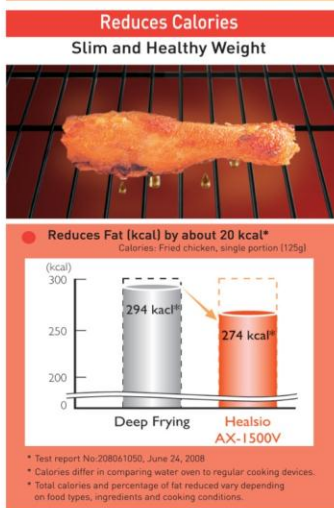


Superheated Steam at 340°C*1

A more powerful heater and other refinements in circulation control provide an intensive and high-temperature steam.



The effect you would expect through Healsio



MICROWAVE OVEN



AX-1100 (SL)

AX-1100 (R)

Importance of healthy eating

Today, it is widely accepted that steaming is one of the healthiest ways to prepare food as it preserves many of the natural vitamins and minerals. These are vital to our health and well-being, but can sometimes be lost through other cooking methods. Steaming food is the gentlest method of cooking meaning that flavor, color, shape and texture are fully preserved. As there's no need to use additional oils or fats it's ideal for people who want to enjoy foods which are healthier, tastier and look fantastic.

- Inverter Power System
- Power Output: Microwave [1160W], Steam [950W], Oven and Grill [1480W]
- Energy Save Mode [0.1W-Low Power Standby]
- Capacity 26L

3-in-1 Smart Oven-Steamer + Microwave + Grill

Steamwave is equipped with a high performance 900W microwave oven for when you need that quick re-heat or cook option. This includes a pre-programmed microwave and auto defrost programs which allows for fast convenient cooking and defrosting. It's also equipped with a 1100W grill which is perfect for crisping and browning, with 4 additional auto grill menus for added convenience. Whilst being impressive on their own you can also combine the grill and microwave for some really interesting cooking options.

Versatility of cooking with 22 Auto menus

The impressive 22 pre-programmed menus ensure that steaming is an easily accessible every day cooking option. These convenient options take the guesswork out of cooking, allowing you to easily cook foods such as rice, pasta, mixed vegetables, fish and gratin.

Steam-defrost function to preserve the tenderness

The steamwave offers an incredible range of steam temperature settings (ranging from 70°C to 90°C). This means that there are a whole host of manual cooking options giving fantastic steam results with all kinds of food. Sharp steamwave also offers 3 pre-programmed delicate defrost settings. These allow you to confidently defrost food such as fish fillets, fillet steak and frozen sushi.





R-98STM AA

40L

- Power Output: Microwave 900W, Grill 1400W
- Stainless Steel Design
- 8 Auto Cook Menu
- 362mm Diameter Turntable
- Dimensions (HxWxD): 368mm x 550mm x 537mm

CONVECTION GRILL MICROWAVE Silver



R-959 M A

40L

- Power Output: Microwave 900W, Grill 1400W
- Silver Color
- 8 Auto Cook Menu
- 362mm Diameter Turntable
- Dimension (HxWxD): 368mm x 550mm x 537mm

CONVECTION GRILL MICROWAVE Silver



R-890 M

26L

- Power Output: Microwave 900W, Grill (Top 1200W, Bottom 650W)
- Silver Color
- 10 Auto Cook Menu
- 325mm Diameter Turntable
- Dimension (HxWxD): 309mm x 520mm x 468mm

CONVECTION GRILL MICROWAVE Silver



R-S75 R

26L

- Power output: Microwave 900W, Grill 1100W
- 3 Auto Cook Menu
- 6 Power Levels
- 325mm Diameter Turntable
- Dimension (HxWxD): 309mm x 520mm x 441mm
- Also available in Saudi

CONVECTION GRILL MICROWAVE Silver



R-75MT

R-75MR

25L

- Power Output: 900W, Grill 1000W
- 6 Auto Cook Menu
- 11 Power Levels
- 315mm Diameter Turntable
- Mirror Finish Door
- Child Lock, Timer Function
- BS Blug

- Power Output: 900W, Grill 1000W
- 6 Auto Cook Menu
- 11 Power Levels
- 315mm Diameter Turntable
- Mirror Finish Door
- Child Lock, Timer Function

GRILL MICROWAVE Silver

GRILL MICROWAVE Silver



R-667 A

20L

- Power Output: Microwave 800W, Grill 1000W
- 6 Auto Cook Menu
- 272mm Diameter Turntable
- Dimension (HxWxD): 275mm x 440mm x 389mm
- Available in White, Silver, Black

GRILL MICROWAVE White Silver Black

MICROWAVE OVEN



R-480

39L

- Power output: 1100W
- 6 Easy Defrost
- 6 Express Cooking
- 360mm Diameter Turntable
- Dimension (HxWxD): 315 x 550 x 446mm

MICROWAVE White Black



R-340

33L

- Power Output: 1100W
- 5 Power Levels
- 3 Express Defrost
- 8 Auto Cook Menu
- 320mm Diameter Turntable
- Dimension (HxWxD): 370 x 520 x 448mm
- Also available in Saudi

MICROWAVE White Silver



R-361J

32L

- Power output: 1100W
- 5 Auto Cook Menu
- Child Lock
- 320mm Diameter Turntable
- Dimension (HxWxD): 310 x 520 x 448mm

MICROWAVE Silver



R-290T

22L

- Power output: 800W
- 3 Instant Action Cook Menu
- 4 Easy Defrost Options
- 272mm Diameter Turntable
- Dimension (HxWxD): 275 x 460 x 368mm

MICROWAVE Silver



R-269 M-A

22L

- Power Output: 800W
- 3 Auto Cook Menu
- 3 Express Defrost Options
- 272mm Diameter Turntable
- Dimension (HxWxD): 275 x 460 x 367mm

MICROWAVE White Silver Black



R-27STM-A

22L

- Power Output: 800W
- 3 Express Defrost
- 3 Auto Cook Menu
- Stainless Steel Exterior
- 272mm Diameter Turntable
- Dimension (HxWxD): 275 x 480 x 380mm

MICROWAVE Silver



R-241

22L

- Power Output: 800W
- English and Arabic Control Key Sheet
- 3 Auto Cook Menu / Child Lock
- 295mm Diameter Turntable
- Dimension [HxWxD]: 275 x 460 x 360mm

MICROWAVE White Silver



R-232

22L

- Power Output: 800W
- 3 Express Defrost
- 2 Auto Cook Menu / Child Lock
- 272 Diameter Turntable
- Dimension: HxWxD: 275 x 460 x 380mm

MICROWAVE White



R-231

22L

- Power Output: 800W
- 3 Instant Action Cook
- 295mm Diameter Turntable
- Dimension [HxWxD]: 275 x 460 x 368mm
- Child Lock

MICROWAVE White



R-200

22L

- Power Output: 800W
- 3 Instant Action Cook Options
- 272mm Diameter Turntable
- Dimension [HxWxD]: 275 x 460 x 368mm
- Child Lock

MICROWAVE White



R-20MT

R-20MR

22L

- Power Output: 800W
- 6 Auto Cook Menu
- 11 Power Levels
- 255mm Diameter Turntable
- Mirror Finish Door
- Child Lock, Timer Function
- BS Plug

- Power Output: 800W
- 6 Auto Cook Menu
- 11 Power Levels
- 255mm Diameter Turntable
- Mirror Finish Door
- Child Lock, Timer Function

MICROWAVE Silver